# Introduction to After Effects
## Training course outline

After Effects is the industry-leading application for creating motion graphics and visual effects.

*Introduction to After Effects* training provides a thorough grounding, teaching key techniques for creating stunning visual results.



### Course summary
Provides the essential knowledge you need to use After Effects effectively. Sessions include:
- Creating your first After Effects project
- Animation techniques
- Layer control
- Working with shapes
- Effects
- Type and type animation
- Exporting your compositions

### Duration
Two days.

### Who should attend?
Newcomers to After Effects and novice After Effects users.

### In-class or live online
You can attend in-person at our centres, or participate live online from your place of work or home.

To read about our approach to online training, see armada.co.uk/liveonline.

### General information
Courses are hosted by highly experienced instructors with vast experience of using the application professionally.

Whilst attending training at our centres, you'll have the use of a computer running licensed Adobe Creative Cloud software to practice the techniques taught. You can choose to use a Windows computer or Mac.

Refreshments and lunch are provided.

Course fees can be paid by card or bank transfer. We accept purchase orders from UK-registered companies and public sector organisations.

### Course materials and certificate
You'll receive:
- A comprehensive training guide and practice files.
- An e-certificate (PDF) confirming successful course completion.

### Method of delivery
Training is designed for the busy professional, being short and intensive and combining lecture and demonstration. Practical exercises carried out under guidance help you learn the techniques taught.

You have ample opportunity to discuss specific requirements with the trainer.

### After course support
Following training, you're entitled to 30 days' email support from your trainer.

### Further information
See armada.co.uk/course/ae.

### Course syllabus
See over.

### Follow-on course
*Intermediate/Advanced After Effects* (2 days). See armada.co.uk/course/intadvae for details.

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# Course syllabus

| Session | Topics |
|---|---|
| Getting started with After Effects | How does After Effects work? |
| | Tour of the interface |
| | Setting preferences |
| | Setting Auto-Save |
| | Help and further sources of information |
| Creating your first After Effects project | Creating a new project/composition |
| | Creating a composition from footage |
| | Importing assets |
| | Organising assets |
| | Working with layers |
| Animation techniques | Keyframing |
| | Temporal and spatial keyframes |
| | Motion paths |
| | Modifying motion paths |
| | Orientation |
| | Anchor point essentials |
| | Roving across time |
| | Easing keyframes |
| | Exponential scale |
| | The Graph Editor |
| | Motion sketch |

| Session | Topics |
|---|---|
| Layer control | Arranging, organising and navigating layers |
| | Locking and hiding layers |
| | Solo layers |
| | Switches and Modes view |
| Working with shapes | Shape layers in After Effects |
| | Creating shape layers |
| | Multiple shapes on the same layer |
| | Shapes and their anchor points |
| | Moving anchor points |
| | Animating shapes |
| Effects | Examples of effects |
| | Applying effects |
| | Customising effects properties |
| Type and type animation | Working with type |
| | Basic text animation |
| | Text animation presets |
| | Layer styles |
| Exporting your compositions | Export options in After Effects |
| | Exporting directly from After Effects |
| | Exporting through Media Encoder |